80. Remove Duplicates from Sorted Array II

Follow up for "Remove Duplicates":  
What if duplicates are allowed at most *twice*?

For example,  
Given sorted array *nums* = [1,1,1,2,2,3],

Your function should return length = 5, with the first five elements of *nums* being 1, 1, 2, 2 and 3. It doesn't matter what you leave beyond the new length.